Read an e-book on the TD **Summer Reading** Club website.



Visit a virtual museum at www.bit.ly/2Bk8IFS

Hug yourself

or a family

member.

Draw or list the things that make you happy.

Use the library's porch pick-up to borrow a book.

Write or draw a new ending to your favourite book.

Try to spend the day without looking at a screen.

Leave a thankyou note for a community member.

> Wash your hands for 20 seconds.

with things vou find around the house.

> **Spend five** minutes observing the

world outside.

Learn more about which treaty land you live on at www.whose.land

Act out a scene from your favourite book.

> Use a book or search engine to learn about a new country.

Take ten deep breaths.

Build, decorate and play a cardboard instrument.

Dance your way through a household chore.

Write a kind note for a stranger to see.

Learn a new word from the dictionary.

Invent a game